

Kid's Galaxy

Nov 2022

*Every Child Deserves
a Loving Home!*



**Adoption - A beautiful way
to build a family!**

NANHAAGYAN FOUNDATION



370+ Counselling Sessions



540+ Workshops



17,530+
Handwriting Analyses



29,000+ Happy People



40+ Schools
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NANHAAGYAN FOUNDATION



• **OUR MISSION**

To establish a foundation for a society where every smile is real.

• **OUR VISION**

A harmonious society is a cumulative result of small actions by kind and compassionate people.

OUR VALUES



• **SIMPLICITY**

Because all great things are generally simple.

• **BELIEF**

Sometimes people need someone else to believe in them, so that they can believe in themselves.

• **KINDNESS & COMPASSION**

Because some problems can be identified and solved by kindness and compassion.



EDITOR'S NOTE

Childhood is a beautiful part of everyone's life, and the innocence and curiosity of little children is incomparable! Children's Day celebrations remind us to appreciate the uniqueness in each child. Every child is precious!

Here's a beautiful poem written by the pioneer of Tamil poetry, **C. Subramaniam Bharathi**. He has depicted the alluring nature of a small child, in such an endearing and touching manner. Read up more about the song - '**Chinanchiru Kiliye**', which can be interpreted as a song from a parent to his/her child -

**My petite parrot, my beautiful treasure, wholesome happiness,
You came to create progress in my life.**

**My speaking golden portrait, your speech is like fruit dipped in nectar.
You come before me so gracefully that I feel like hugging you with love.**

**When you come running towards me, my heart chills,
when I see you dancing with merriness, my soul hugs you,
when I kiss or smell your forehead, I feel so proud.**

**If I hear someone praise you with sincerity, my skin tingles with excitement.
If I kiss you on your cheeks, my heart goes to trance as if drunk with nectar.
If I hug you with passion, I feel blissful happiness.
If your face turns to discomfort, even momentarily, my heart is disturbed.**

**When I see your forehead wrinkle, my heart flutters with fear...
If I see even small droplets of tears in your eyes, a whole river of blood flows in my heart.
You're the light of my eyes and my life is yours.**

**With your child-like speech, you'll cure all my worries/misery.
With your innocent smile, you'll cure me of my ignorance.**

**Can you even be described in pages and pages of happy stories?
In sharing love, can even a God equal you?
To wear on the chest, are there even diamonds/pearls like you?
Is there even a larger treasure than you in my life?
You're the most precious treasure in my life.**

Let us treat children around us, and also the child within us, with respect, care and love! Let us re-learn the art of enjoying every moment from them!



GAYATRI BHASKER
Mangalore



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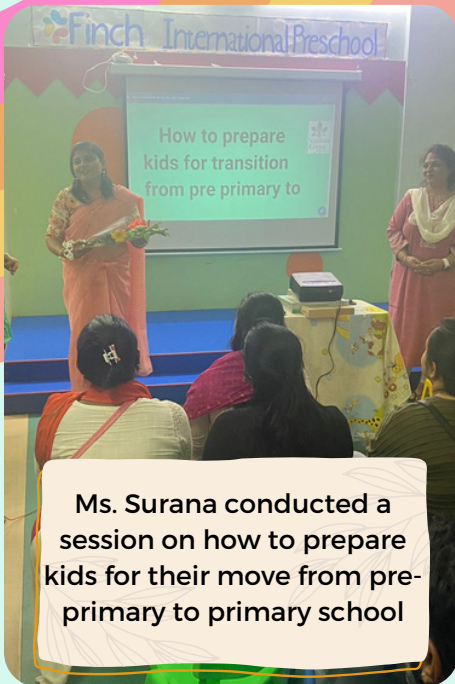
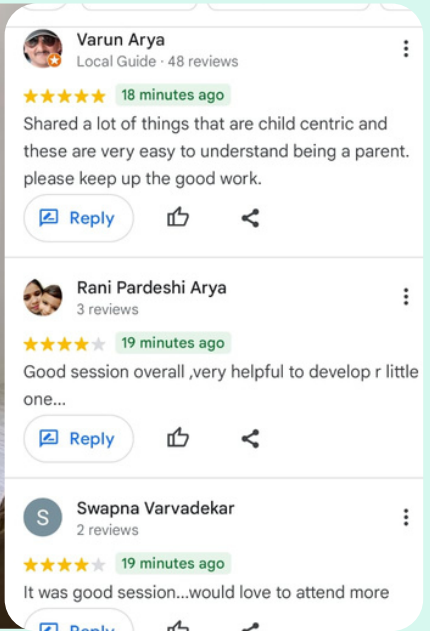


HAPPENINGS AT NANHAAGYAN!



This month, **Mrs. Rommal Surana**, director of Nanhaagyaan Foundation conducted several sessions with parents and teachers on various topics! Here are a few glimpses, along with glowing reviews!

Picture Parenting Session held at Koshish Library



Ms. Surana conducted a session on how to prepare kids for their move from pre-primary to primary school

Sapien Kid
NURTURING A BETTER TOMORROW

JOIN **FREE** WEBINAR ON
BUILDING A LOVE FOR HEALTHY FOOD IN CHILDREN

Learn how to put a stop to the 'Junk food eating habit' of your child by attending the webinar. It will have eminent health experts guiding you to help your child make right food choices.

📅 DATE 26 November, 2022 | 🕒 TIME 11 AM - 12 PM

OUR KEY PANELISTS

 DR. ASMITA SURANA HOMEOPATHIC PHYSICIAN Founder, health 360 Degree Lifestyle Clinic	 ROMMAL SURANA CHILD AND ADOLESCENT COUNSELLOR Founder, Nanhaagyaan Foundation	 IPSHA BAROOAH FITNESS COACH ICN Sports Model Athlete
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JOIN US ON THIS PARENTING MOVEMENT



Ms. Surana was invited as a Judge at Vibgyor Rise School

Our Annual Celebration - The Healing Lights Awards Ceremony is coming soon on 17th and 18th December in Ahmednagar!

Follow us on with the handle [@ngfkidsgalaxymagazine!](https://www.instagram.com/ngfkidsgalaxymagazine/)

Join our Facebook Group - [Nanha Gyan Healthy Minds](#) for more information on latest workshops, live sessions & competitions!

A FRIEND IN NEED...



...is a friend indeed!

A **special monthly column** by our very own **Mrs. Rommal Surana**, a certified Parenting Coach, Child and Adolescent counselor, NLP Master Practitioner, Remedial Educator, and Graphologist! She has worked in this field for almost a decade and aims to enable parents and children build a better future together!

She will be your friend, philosopher and guide throughout your parenting journey, so send in your questions to kidsgalaxy@nanhagyan.com!

Some days back, my son and I invented a game to play together. We had to choose any word except a proper noun and draw a picture depicting it. Turn after turn we gave each other words to draw.

Then I gave him the word **Health**. He drew the **rising sun**, and I drew a **hospital**. He innocently said, "Mumma, I want to be strong like the Sun. It never falls ill."

To my surprise, my son had pictured health in a positive manner whereas I had drawn a hospital. This showed our state of mind. He was fearless but I was afraid.

I tried challenging him with difficult words. I gave him the word **Help**. He drew a flower and a bee. I asked him the significance of his art. He said that he read in a book that bees helped flowers to blossom. I was speechless. I started thinking about how creative and imaginative kids were. But, what happens to their imagination and creativity when they become adults like us?

When I was an NLP student, my coach Mr. Ram Verma asked us to write down the first word which came to our mind. Then he uttered four words - **health, relationship, success and money**. These are the four important pillars of our life. In the answer, many of us wrote down words like **important, very important, essential, priority** etc.

Then, he told us that these words were not specific. "Can you draw a picture of words like important and priority? It would be different for different people. But, if I say run, can you draw a picture of running? It is a specific action word, hence an image can be created. **Our subconscious mind understands pictures better than words**. If you don't show specific pictures to your subconscious mind, how will you achieve?"

Remembering his advice and technique, I refined my important pillars technique.

Parenting Suggestions:

- 1) Drawing is an essential tool for the development of the brain.
- 2) Encourage kids to express their feelings through drawing.
- 3) Drawing and coloring gives a healing effect to the mind and body.
- 4) Encourage kids to try visualizing pictures for important aspects of life like money, success, relationship, health, happiness etc.
- 5) Foster their confidence with appreciation.
- 6) Don't judge them on the basis of how they've drawn the picture.

According to OZY, painter Pablo Picasso once said, "Art washes away from the soul the dust of everyday life."

14th Nov
Children's
Day!

UV FOUNDATION brings to you the writings of **Thiruvalluvar**, the great Tamil saint, on children! The kural numbers are listed within the article!

Thiruvalluvar starts this Adhikaram 'Makkat peru' by saying that **wise children are the greatest treasure in family life** (#61). They give happiness to their parents - physically, emotionally and spiritually. **The soft touch of a baby and its warm hug elates the parents** (#65). **Even a simple porridge mixed and messed up by a little child is sure to be tastier than amrut/ nectar** (#64). Their babbling, unclear baby language is sweeter than the flute and other musical instruments. Music from these inert instruments depends upon the practice and delivery of the person playing them. They are bound by rhythm and beat (sruti, talam). Whereas **a baby's sweet notes have no defining boundaries like rhythm and beat but are a treat to the ears** (#66). It is said that these joys brought by a child are the greatest of all sense pleasures of touch, taste, hearing etc.



A father should make his children knowledgeable and cultured. That begets him punyam (#67).

Commentators add an important point here - If a father pampers the child with his riches when young, it will not give benefits later. If he gives money before the child is mature enough, it will only end up in social evil. Each generation should beat the quality of the previous generation in terms of knowledge and good conduct. The role of a father is primary in ensuring that. Natural intelligence coupled with learning what ought to be learnt for overall progress, will make him/ her wise. **When (s)he speaks subjects covered by the various sastras, that gives immense happiness to the family** (#65). **When shared**, it will be recognized by scholars who appreciate the value of knowledge and when applied, **it will benefit the entire society** (#68).

A mother would be genuinely happy when learned people appreciate her child. She is traditionally responsible for their physical growth and imbibing a strong value system in them. **When she hears that the child has been of service to others/society, she will be overwhelmed with happiness** (#69).

Sage Vasishtha appreciated Rama when Dasaratha decided to crown him. He vouched for Rama's ability to take care of the kingdom and gave confidence to Dasaratha saying he could decide to renounce and go to the forest with full faith in Rama. Dasaratha was elated to hear that.

Cultured children keep away from unacceptable practices and are careful to keep up the reputation of the family and that saves their parents from sorrows in all future births (#62).

Even the slightest chance may sway a child from the right path. Parents will have to assume responsibility for the damage caused by them to this world. So, to escape sorrow in this and any future birth, one should bring up good children. The foundation of our culture is built on communal and social welfare.

Parents should invest utmost diligence in child upbringing, express love and care and lead by example. May Thiruvalluvar bless us with the opportunity to understand and internalize these thoughts to make our next generation intellectually and culturally strong, sensible and truly great assets of this nation!



GOD IS WITHIN...

Guru Nanak Jayanti, celebrates the birth of the first Sikh guru, Guru Nanak - one of the most celebrated Sikh gurus and the founder of Sikhism. The great Guru preached that one should live life actively and creatively, while being truthful and honest.

His teachings are practiced in the three ways :

1. **Vand Shakko** : Share and Consume - Share with others who are in need.
2. **Kirat Karo** : Work Honestly - Earn an honest living without exploitation or fraud
3. **Naam Japo** : Recite and Meditate on God's Name

Here's a short story by Guru Ramdas, retold by Ms. Pavneet Beotra, which follows Guru Nanak's principle, that God is everywhere, and within all human beings.



This story is about a deer who used to gambol every day in the forest.

Every day, the deer wandered and was mesmerized by a sweet fragrance better than flowers, and even rain.

The deer wondered where the smell came from. He began to sniff around. Sniff! Sniff!

Every day, he went in search of the fragrance. The deer went near trees, flowers, rivers, grass, but the search never ended. At last, it went near a bird, but even that fragrance was different!

The deer's thirst to search for that fragrance never ended. Finally, one day, it fell on the ground due to exhaustion, and experienced the magical fragrance that came from within its body!

The poor deer was searching for the fragrance all around, without realizing that the fragrance was its own!

This is how God is! People think that God is somewhere outside. But God is within us, and all around us.

As Guru Ramdas says, "**Ho Antar Naam Mangaa Din Raatee, Naamay Hee Saant Paae**", meaning, "I beg for your name, deep within myself, day and night and through the name, I find peace within me".

Moral: We often expect happiness and contentment from others, or material things. However, happiness, peace and contentment, and even God, exist within ourselves.



PAVNEET BEOTRA
Phonics Express
Jabalpur



Cover Feature - Adoption

...is another name of Love!

For long, **child adoption in India** has been looked at with a sense of unease, but slowly and steadily, the perception is changing, thanks to **Adoption Activists** like **Ms. Neha Goel**, who have been trying their best to remove the stigma behind adoptions and are bringing about much needed awareness around the sensitive topic.

Ms. Neha, an adoptive parent herself, has been championing the cause for many years now. She also offers counselling to guide Indian and International families interested in adoption.

Every child is special and deserves to live in a loving and safe home. Unfortunately, there are millions of children waiting to be accepted by a caring family. Let's hear from Ms. Neha about her beautiful and touching journey.



KGM : Ms. Neha, how did you decide to adopt a child, especially after having a biological one?

NG: I have always loved children, and from a young age hoped to be able to adopt one day. Then life happened, and I went with the flow - worked reputed corporate jobs, got married and had a son. I felt that adopting a girl was a very natural next step.

Initially, I did not have my family's support, since this was not a conventional choice. I understood that their stand was a result of years of societal conditioning and patiently gave them the time and space to accept the decision whole heartedly.

There is no "one size fits all", so I had to convince each family member in a way they could relate to.

While planning to adopt, make sure your family is 100% supportive as it is not fair to bring a vulnerable child into a hostile environment.



NG: Indian mythology cites several instances that depict adoptions. **Lord Krishna** was brought up by Yashoda, his adoptive mother. Similarly, **Goddess Seeta**, was found and adopted by King Janaka. **Karna**, was also raised by Adhiratha.

We should normalize and celebrate adoption, just as we celebrate our festivals, so that people stop considering it as a taboo. When you have logic behind what you're saying and trying to do, people will eventually come around!





KGM: Many people express an interest in adoption, but state that the procedures are hard to follow. What is your take on this?

NG: If one has the intent, one will not find the procedures hard, rather they'll find that the legal formalities are airtight so that both child and prospective parents are safe.

Adoption is not like two-minute noodles! Even a biological child takes around 1-2 years to be conceived and delivered. The CARA website is much more streamlined now, and illegal adoption is almost impossible. One just needs to be patient - When the time is right, your child will come to you!

KGM: Is it difficult to manage the expectations of both biological and adoptive children?

NG: This is how we tag them - when we call children difficult, it does become difficult.

Leave adoption at the adoption center. Once the process is completed, both children are yours. If the siblings have any rivalries, you just address them. Similarly, teenage is a challenging phase for every child, so don't attribute adoption to their behavior. We just have to be mindful of the fact and be prepared for it.



KGM: In case of adoptive children, there are two sets of parents - birth and adoptive. Doesn't that make it an awkward situation?

NG: Firstly, accept the fact. If I have an adoptive child, I can't dismiss the fact that she was born to someone else. My child also deserves to know this fact, as there is nothing wrong with it. I try not to judge the birth mother for giving up her child, because I don't know her circumstances.

Infact, it is a bittersweet situation, where I get to enjoy the fruits of her labor. So, every year on my daughter's birthday, I send her birth mother gratitude and good vibes, that OUR child, is being taken care of well and is thriving.



From everyone at Kid's Galaxy Magazine, we wish best big brother **Ojas** and sweetest special sister **Oorvi** many more fun filled and loving moments together.

Heartfelt thanks to Ms. Neha Goel for sharing her experience, and making a big difference in society, one child at a time!



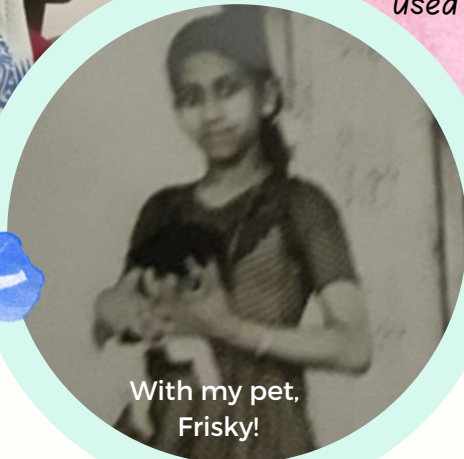
Bachpan Ke Din...

Childhood is a special phase of life! It is fun filled, and we can enjoy each moment without having to worry about the next! On the occasion of Children's Day, we asked some lovely and fun grandmas and grandpas to share what they remember the most about their childhood! Even though they're from a different generation, the joy in enjoying the simple pleasures of life is the same!



I have many memories of a very happy childhood. I was about six years old when I went with my best friend Usha Panju to her home straight from school in her horse drawn carriage. Her mother gave me a sandwich to eat, and this was the very first time I had tasted a sandwich! We all sat at the dining table which was also a novelty because at home we used to sit on the floor. As I bit into my sandwich, I lost my first tooth!!

Mrs. MALATHI JAIKUMAR
Coimbatore



With my pet,
Frisky!



My favourite memory was when my parents presented me with a cricket bat on my 5th birthday. It did help me to kindle the passion for the game and in later years I represented my school in some cricket tournaments and in a few club matches!

Mr. JAIKUMAR
Coimbatore



...Bhi Kya Din They!



That's me with my mother and brother!

My earliest memory was of my grandmother who wore a nine yards saree, feeding our cat, fish every day, as she felt that the cat deserved its own food! We also had a dog called Juju and both played with each other. We did not go to school and were home schooled till I was 8 years old!

Mrs. MALATHI KRISHNAN
Coimbatore



My earliest memory of my childhood is watching the Republic Day Parade in Delhi. My father took us and I remember seeing elephants, camels, horses and soldiers playing a band. We all had ice cream and enjoyed ourselves. I must have been 8 or 9 years old!

Mr. V. KRISHNAN
Coimbatore



I am the one standing between my parents!
L to R - my elder sis, me, my younger sis
and my elder brother!



Udte Firte...

I was about 7 years old, and used to live in New Delhi
We were the only south Indian family living in a
Punjabi dominated area. Every cluster of houses had
a small park and all weddings and festivities used to
be held there in huge shamianas!

I loved the glitz and glamor of these weddings and
would invariably slip into those weddings wearing my
Sunday best (without an invite of course), only to be
dragged home by my older sister! 😊😊



Mrs. RADHIKA SRIDHARAN
Coimbatore

I am in the boy's
dress
With my younger
sister!



When I was about 5 or 6 years old, I was travelling by train
from Arakonam to Bombay with my Mom, Uncle and my
sisters for summer holidays. Due to a bad dream, I almost
jumped out of the train thru the window! I was given a second
chance of Life by my Uncle who got up and pulled me out of
the window just in time! 😊😊

Mr. SRIDHARAN
Coimbatore



...Titli Banke!



I must have been about six years old. Fearing Amma's wrath as it had become dark and the lamps had been lit, I rushed home after playing with friends. Imagine my horror when I felt someone tug my plait especially after listening to ghost stories! Steeling myself, I slowly turned around to see that my plait had got caught in the door bolt when I rushed in!

Mrs. REVATHI BHASKER
Coimbatore



Kindness in words creates confidence, kindness in thinking creates profoundness, kindness in giving creates love! - Lao Tzu

Let's use this word search to remind ourselves to be kind to ourselves and others!

N	C	F	H	P	L	R	B	X	D	B	T	D	E	S
L	W	O	N	S	P	E	J	K	C	G	D	Z	T	U
B	L	I	M	K	D	X	G	T	D	G	L	U	A	G
C	W	E	V	P	L	O	E	A	J	Y	I	Y	R	G
P	I	H	S	N	A	M	S	T	R	O	P	S	E	R
G	Z	Z	R	T	F	S	T	F	U	U	V	R	D	A
V	Z	R	Y	R	R	M	S	N	S	W	O	H	I	P
Z	C	D	I	G	H	D	W	I	E	V	F	C	S	P
O	Y	E	Q	L	D	V	S	E	O	I	N	M	N	R
P	N	C	Y	Z	X	H	A	T	V	N	T	V	O	E
D	Z	A	C	J	A	J	Z	P	N	U	A	A	C	C
Z	B	D	Z	R	C	Q	I	R	H	I	J	T	P	I
U	N	D	E	R	S	T	A	N	D	I	N	G	E	A
L	U	F	T	H	G	U	O	H	T	B	I	G	I	T
C	Y	V	C	L	O	F	M	F	F	G	N	R	I	E

Friend
Sportsmanship
Encourage
Considerate
Understanding
Compassionate
Appreciate
Share
Thoughtful
Patient



EAT MINDFULLY!

Vegetarianism and Veganism have been practiced for thousands of years; we just did not realize it!

As we become more and more environmentally conscious, it makes sense for us to evaluate our lifestyles as well, particularly our food habits.

Indian cuisine has a vast variety of vegetarian and vegan options, and we need not think that we would have to give up on a lot!

And when we can eat our food without harming other animals, it sounds even better, doesn't it?

Remember this mantra - **Eat Regional, Eat Seasonal!**

Foods grown close to where you live, or your region, are more economical, and fresh, and thus more nutritious.

Similarly, seasonal fruits and vegetables will be abundant, cheaper and more suitable for the weather.

Let us start making one small change at a time and see the difference! Here's an easy and healthy sandwich recipe sent in by **Ms. RIYA SHAH**, from **Bhavnagar!**



SPROUT SANDWICH

Ingredients:

Wheat Bread, Tomato, Onion, Sandwich Chutney, Tomato Sauce, Vegan Mayonnaise*

Recipe:

- Finely chop onion and tomato.
- Mix Sandwich Chutney, Vegan Mayonnaise and Tomato Sauce, Sprouts, Onion and Tomato together.
- Cut the edges off two bread slices.
- Spread the mixture on a slice and cover with the other.
- Voila! Delicious sandwich is ready!

VEGAN MAYONNAISE

Ingredients:

1/2 cup raw cashews
2 tsp apple cider vinegar
1 tsp lemon juice
3 garlic pods
1/4 tsp salt
1/4 cup water

Recipe:

Soak cashews in hot water for a few hours. Blend with the rest of the ingredients. Store in a glass jar for a few days. Delicious on sandwiches, burgers and as salad dressing!

credits : @chefaashti



WORLD VEGAN DAY

Of all the trends that have had their share of the limelight, it appears that in the 21st century, veganism is the one to stay. Having gained massive popularity in the 2010s, today, the movement has managed to yield what meat-eating folk may find ridiculous yet intriguing. Fake meat! Here are some mind-boggling examples of vegan foods:

Tofu "Scrambled Eggs" are a play on a breakfast favorite, eggs, but without actually using any eggs. It's made by crumbling tofu into tiny bits and simply cooking them down!

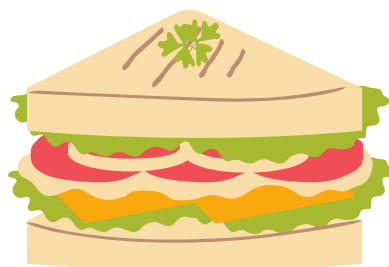


Mushroom "Lobster" is one to surely try if an eye-watering price for actual lobsters isn't for you. Who said looks can't be replicated? It's all in your choice of spices!

Chickpea "Tuna" is a rather interesting take on veganizing fish. It is an easy replacement for tuna in salads and sandwiches alike!

Shaved Carrot "Salmon" is yet another way to hide carrots, but this time disguise them as fish!

You can also resort to good old Jackfruit to impersonate chicken!



Phew! It's nice to not be eaten for once!



Don't hate it till you rate it, mate!



KERALA STATE DAY

Kerala Day, celebrated on November 1st, is marked to recognize the creation of the state of Kerala, following the merger of three Malayalam speaking regions in southern India. Institutions across the state celebrate Malayali heritage by hosting cultural and linguistic competitions and many more activities. Here are some fun facts on the state and some must see places in God's own country, Kerala:



It's one thing to stay in a house, and another to take a boat ride. Combine the two and you have **Aleppey's famous houseboat**, an absolute favorite of tourists. From being served scrumptious food to sailing past the beautiful landscape in the backwaters is everything!

Ever fancied having a tree house in your backyard? Well, here's a somewhat better alternative, a trip to **Wayanad**! Not only will you be accommodated in large, spacious treehouses, but also a breathtaking view that is a sight to behold!

If you feel visiting the Niagara Falls seems unlikely, you can always head to Kerala, for it is home to the spectacular **Athirapally Falls**, also styled as the Niagara Falls of India!

You can never have enough of boat rides in Kerala! If you're looking for a quick ride and not something too long, you can always go **bamboo rafting** or **canoe riding**!

Lastly, any trip to Kerala is incomplete without an elephant ride at the **Periyar National Park**. An experience fit for a king, the feeling is sure to stick around with you for a while!



THE K-STATE CROSSWORD!



Across

- [3] Land of coconut trees
- [4] Everest of South India
- [5] First Indian woman to lead an armed rebellion against the British.
- [8] First Coffee Plantation in India
- [9] "Land of 5 rivers" (Krishna, Bhima, Doni, Malaprabha, Ghataprabha)
- [10] Second highest plunge waterfall in India

Down

- [1] Longest Drive-In beach in Asia!
- [2] State Flower of Kerala
- [6] Village using Sanskrit for communication!
- [7] Oldest Teak Tree in the world!

BIJAPUR
MATTUR

KANNIMARI
KERALA

CHENNAMMA
CHIKMAGALUR

JOG FALLS
ANAMUDI

MUZHAPPILANGAD

KANIKONNA

10th Nov
World
Science Day!



WORLD SCIENCE DAY

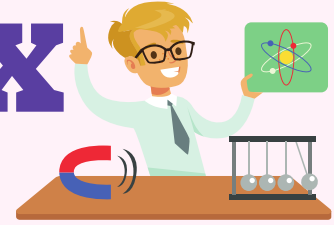
World Science Day establishes the need for more public discourse on emerging scientific debates and discussions. It also aims to educate the general public about the relevance of science in day to day life.

Considering the rapid rate at which we're experiencing climate change, the immediate involvement and action of people across nations in policies and decisions taken for our journey towards sustainability is crucial.

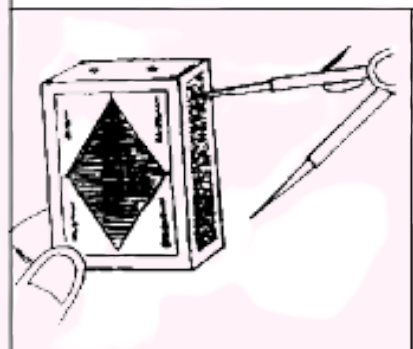
In light of the same, here are a few commonly used items in scientific settings. Can you identify these?



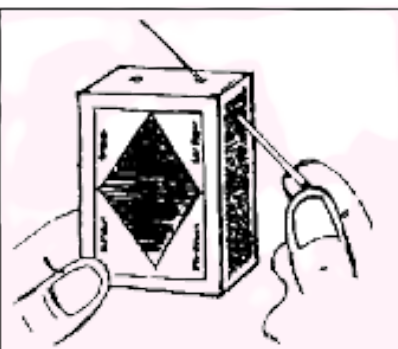
MATCHBOX RIDER



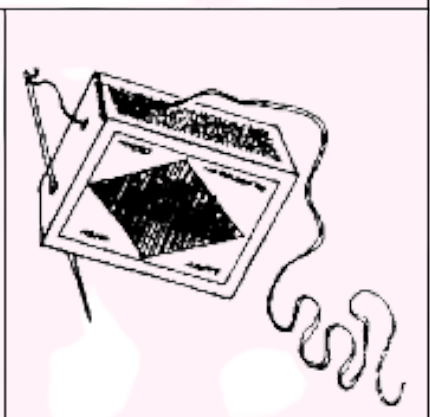
All it takes to make this matchbox train is an old cardboard matchbox and some thread.
As you move your hand the toy matchbox moves on the thread rail track.



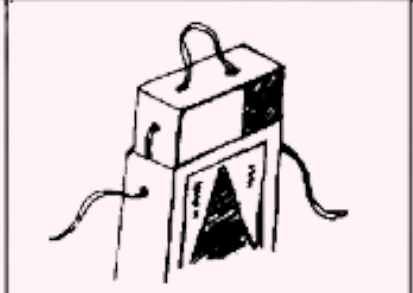
1. Make four holes on the matchbox- two on the drawer and two on the strike surfaces.



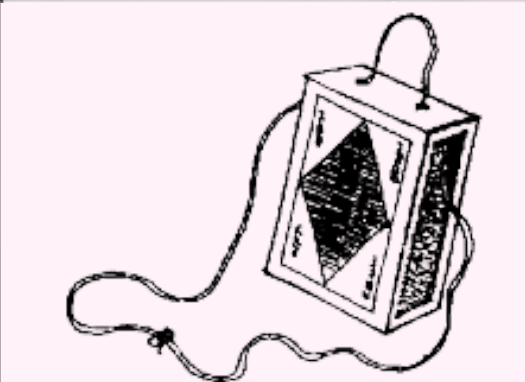
2. Take a needle with a 1.5-meter long string. Poke the needle from the strike surface hole into the drawer hole.



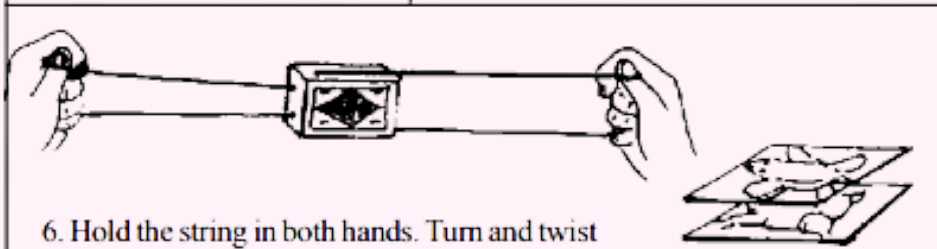
3. Thread the needle through the other holes too.



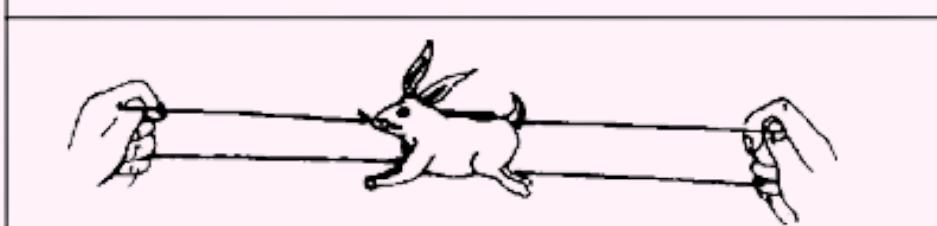
4. This is the threaded matchbox.



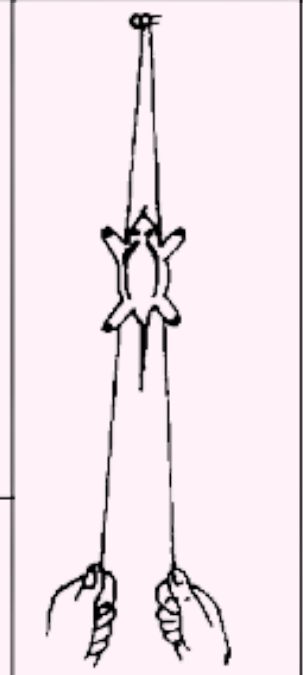
5. Now tie the two ends of the thread to complete the mechanism.



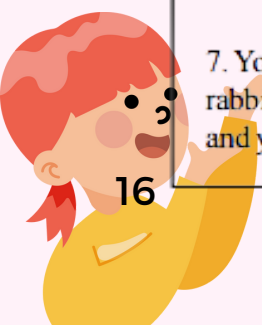
6. Hold the string in both hands. Turn and twist the left hand. The matchbox will travel on the string track towards your left hand.



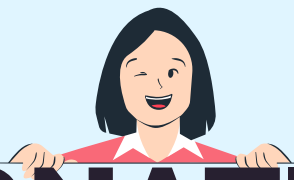
7. You can stick the picture of a rabbit on the matchbox and enjoy the rabbit hop at your fingertips. The mechanism moves only in one direction and you will have to bring it back once it reaches the left-hand end.



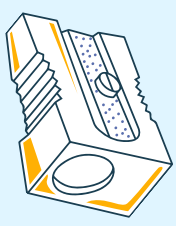
8. Hang the left string loop of the mechanism by a nail and stick a cut out of a lizard on it. On pulling the left and right strings alternately, the lizard will slowly climb up. This toy is based on friction.



17th Nov
Intl
Students
Day!



INTERNATIONAL STUDENTS DAY



Student life is the absolute best, isn't it? Yes, yes, the homework and tests make it miserable but don't we have friends to spice things up? And what better than goofing around with friends and getting into trouble together? Here's a sort of checklist to see how far you've gotten!



Munched on snacks at the back of the class

Kept nicknames for your teachers

Faked an illness to skip the morning assembly



Imitated teachers and got caught

Forged your parent's signature

Had a water fight in the school washrooms



Faked an injury to get out of PE class

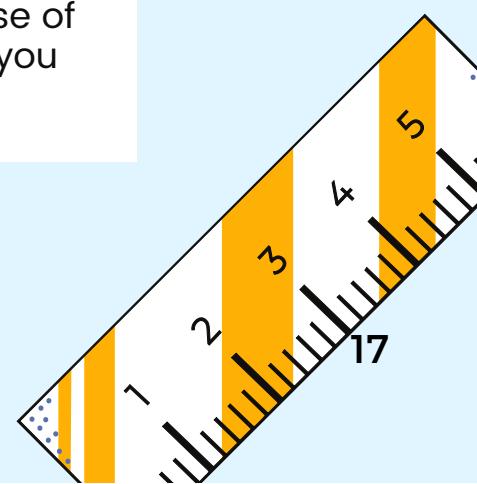
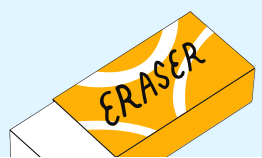
Giggled when a teacher mispronoun -ced a word

Played mini games at the back of your notebooks

Passed code signals or messages during class

Tried to study with friends but wasted time instead

Got a friend in trouble because of what you did







QUIZ TIME!

On account of **World Television Day**, here's a fun quiz to check your cartoon trivia knowledge! Its sure to take you down memory lane especially to the one where life was carefree, ignorance was bliss and cartoons were friends away from school! Play on to find out!




In Tom and Jerry, what is the name of Tom's neighborhood bulldog? XXX XXX 

- Spike
- Tyke
- Butch


Mojo Jojo is the villain from which of these series? XXX XXX 

- Ben 10
- Johnny Bravo
- The Powerpuff Girls



Which of these characters does not appear on Scooby-Doo? XXX XXX 

- Shaggy
- Velma
- Muriel

What unique power does Jake from Adventure Time have? XXX XXX 

- X ray vision
- Shape shifting
- Flying



THE BRAVE RANI OF JHANSI, LAKSHMIBAI

One of the bravest female leaders in the Indian freedom struggle, most remembered and cherished for her courage and spirit in leading her people to war against the British, Rani Lakshmbai is a household name.

Despite losing both her son and husband to unknown illnesses, she was determined to not let Jhansi fall into British hands and chose to rule instead. Her courage and valor left a lasting impact on the revolt of 1857 and songs of her fearlessness are still sung all over India to this day. How familiar are you with her story?



1. What was Rani Lakshmbai's real name?

- A. Avanti Bai
- B. Manikarnika
- C. Laxmi
- D. Gangadevi

2. Who was Rani Lakshmbai's husband?

- A. Gangadhar Rao
- B. Baji Rao
- C. Damodar Rao
- D. Anand Rao

3. Whom amongst these did not fight alongside Rani Lakshmbai?

- A. Taty Tope
- B. Nana Sahib
- C. Mangal Pandey
- D. None of these

4. Which doctrine allowed the British to take control of Jhansi?

- A. Doctrine of Annexation
- B. Doctrine of Dalhousie
- C. Doctrine of British Raj
- D. Doctrine of Lapse

5. Who introduced Doctrine of Lapse?

- A. Lord Dalhousie
- B. Hugh Rose
- C. Robert Clive
- D. Lord Mountbatten



SPOT THE DIFFERENCE!



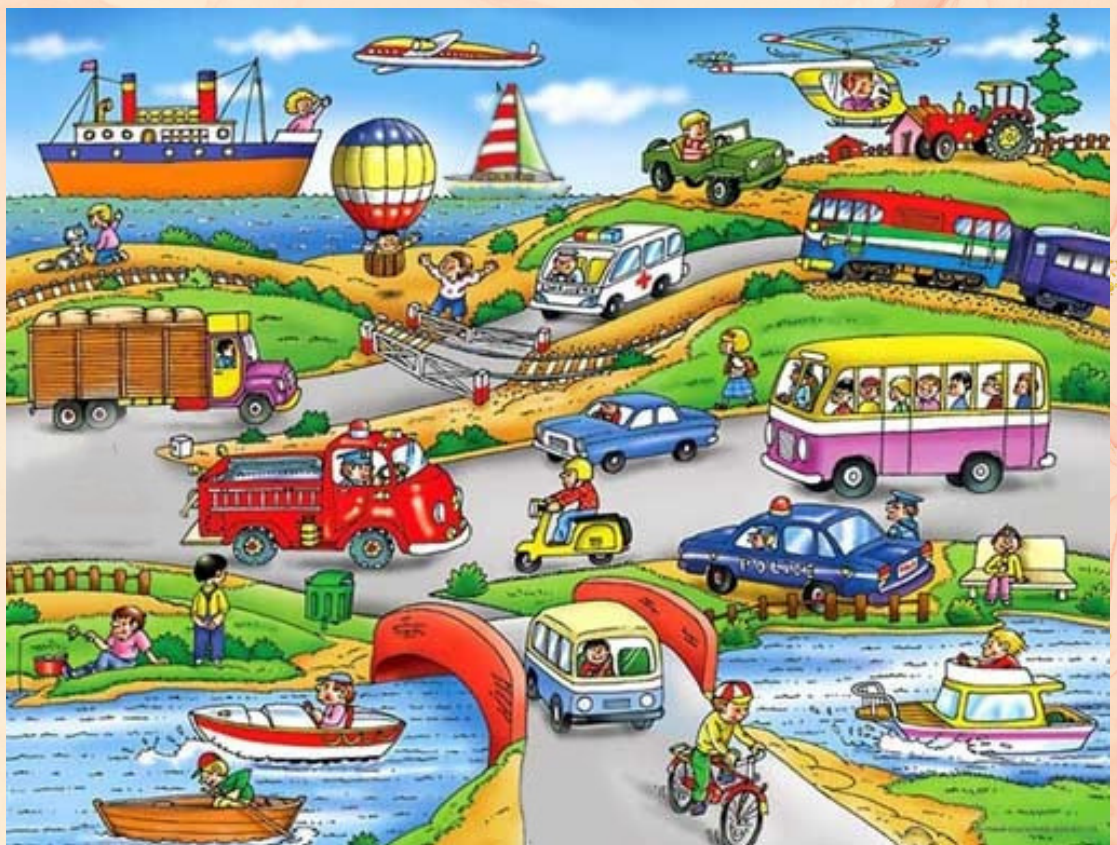
Travelling by public transport is a whole lot of fun!

No worries about parking, no need to remember routes in detail, just get in and reach your destination!

It also gets thrilling when one has to fight occasionally for one's seat on the bus or train!

We get to see some familiar faces, as well as new ones every time we board!

SPOT THE 4 DIFFERENCES here! Perhaps it will act as a reminder that fewer personal cars on the road, the better!



DECEMBER EDITION!



We are inviting entries from children and grown-ups for our December Edition!

Share your artwork depicting a clean and pollution free environment on the occasion of National Pollution Control Day!

You can share some poems, anecdotes, or articles under Indian Navy Day, World Day of the Handicapped, Human Rights Day and Kargil Vijay Diwas!

For Intl Mountain Day, share pictures of any trips that involved hill stations, and what you loved about that place!

Send us some math puzzles, or brain teasers for National Mathematics Day!

Make a beautiful greeting card for your loved ones, wishing them 'Happy New Year' and share your pictures with us!

Write a short story, which should include these words - **soil, ship, aeroplane, santa and maths!!** The best entry will receive a prize!

Stay tuned on our FB and Insta pages (@ngfkidsgalaxymagazine) for contests and activities and more!

Send in your entries to kidsgalaxy@nanhagyan.com along with your Name, Grade, School Name, City and your photograph!

Last Date for Submission : 18th November 2022

Nanhaagyan's Kid's Galaxy Magazine

Founder : Rommal Surana

Editor : Gayatri Bhasker

Content: Gayatri Bhasker, Afrah Iqbal

Layout : Gayatri Bhasker

For any feedback/queries/advertising, please contact :
kidsgalaxy@nanhagyan.com or call - 6364264522.